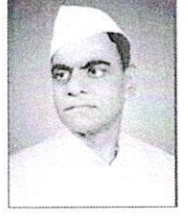




Janata Shikshan Sanstha's  
**KISAN VEER MAHAVIDYALAYA, WAI**

Department of Sports



A Guest Lecture on  
Fit India  
10000 Steps Walk

**Report**

A guest lecture on “**Fit India:10000 Steps Walk**” was organized by the department of Sport on 29-08-2019. The Principal Dr. C.G.Yeole was the chairperson of the program. Lieutenant Sameer Pawar welcomed Dr.C.G.Yeole. Mr.Gajanan Jadhav welcomed Lieutenant Sameer Pawar.

In his address Dr. C.G.Yeole appreciated lieutenant Sameer Pawar for organising the programme. . He further said that exercise is vital in our life. It helps to remain healthy. He explained the significance of daily walking. He appealed every one to walk daily.

Lieutenant Sameer Pawar anchored the programme and also gave the formal introduction of the chief guest. Mr. Manoj Shinde propose of the vote of thanks. 120 teachers and 1500 students from various departments attended the program.

Principal  
Kisan Veer Mahavidyalay, Wai



Head  
Department of Sports



शिवाजी विद्यापीठ, कोल्हापूर

परिपत्रक

प्रति,

मा. प्राचार्य/संचालक,

सर्व संलग्न महाविद्यालये/ मान्यताप्राप्त संस्था,

शिवाजी विद्यापीठ, कोल्हापूर

Kisan Veer Mahavidyalaya  
Wai, (Dist. Satara) 412 803

Inward No. 58/758

Date 28-8-19

महोदय/महोदया,

दि. २९/०८/२०१९ रोजी सशक्त भारत अभियान (Fit India Movement) राबविण्याबाबत मा. पंतप्रधान यांनी सुचित केले असल्याबाबतचे प्रा. रजनीश जैन, सचिव, विद्यापीठ अनुदान आयोग, नवी दिल्ली यांचे संदर्भ क्र.D.D.No. F.१-५४/२०१९(Website/Fitindia) दि.२३ ऑगस्ट, २०१९ रोजीचे पत्र सोबत जोडले असून सदर पत्राच्या अनुषंगाने कार्यवाही करून केलेल्या कार्यवाहिचा अहवाल विद्यापीठास दि.२९/०८/२०१९ रोजीच संध्याकाळी ५.०० वाजता [affiliation.tr@unishivaji.ac.in](mailto:affiliation.tr@unishivaji.ac.in) या ईमेल आयडीवर तात्काळ सादर करावा.

कळावे,

आदेशान्वये

सोबत - वरील प्रमाणे

(श्री. व्ही.एस. सायम)  
उपकुलसचिव  
संलग्नता टी-२ विभाग

29/8/2019

संदर्भ क्र. संलग्नता टी-२/ ३७६

दिनांक- 26 AUG 2019

To Sameer Pawar  
29/8/19

Sports  
file No. (13)



प्रो. रजनीश जैन  
सचिव  
Prof. Rajnish Jain  
Secretary



विश्वविद्यालय अनुदान आयोग  
University Grants Commission

विश्वविद्यालय अनुदान आयोग  
Ministry of Human Resource Development

बहादुरशाह जफर मार्ग, नई दिल्ली-110002  
Bahadur Shah Zafar Marg, New Delhi-110002

Ph : 011-23236288/23239337

Fax : 011-2323 8858

E-mail : secy.ugc@nic.in



D.O.No.F.1-54/2019(Website/FitIndia)

23<sup>rd</sup> August, 2019

**Sub: Participation in 'Fit India Movement'.**

Respected Sir/Madam,

The Hon'ble Prime Minister of India would be launching the 'Fit India Movement' on 29<sup>th</sup> August, 2019 from Indira Gandhi Indoor Stadium, New Delhi. 'Fit India' is a movement to take the nation forward on the path of fitness and wellness and it provides a unique and exciting opportunity to work towards a healthier India.

As a part of the movement, Higher Educational Institutions (HEIs), Universities and Affiliated colleges can make well-meaning efforts for the health and well-being of their students, teachers, staff and officials to achieve physical fitness, mental strength and emotional equanimity.

In this regard, you are requested to carry out the following activities to promote the 'Fit India Movement':

- (i) Make necessary arrangements for live viewing of the programme and encourage students, teachers, staff and officials to assemble on 29<sup>th</sup> August, 2019 to view the live telecast on Doordarshan of the Launch of the Fit India Movement by Hon'ble Prime Minister and take the Fitness Pledge, which would be administered by the Hon'ble Prime Minister. Every person should attempt to walk 10,000 steps on 29<sup>th</sup> August and follow it up in his/her daily routine.
- (ii) Short video clips of the activities in campus on 29<sup>th</sup> August, 2019 may be made.
- (iii) Prepare and implement an Institutional Fitness Plan, incorporating sport/exercise/physical activities for fitness into the daily routine for everybody to adopt and practice.

The Vice Chancellors of Universities and Principals of their affiliated colleges are requested to prepare and publicise their fitness action plan on their Websites and Notice Boards within a month and upload the same on UGC's **Fit India Movement Portal**, which is being developed and its details will be shared soon. Concrete steps may be taken to spread the necessity and culture of physical fitness in the campuses.

The information with regard to the number of students, teachers, staff and officials who have viewed the programme on 29<sup>th</sup> August, 2019 along with photographs and videos may please be uploaded by universities and colleges on the **University Activity Monitoring Portal of UGC** (<https://ugc.ac.in/uamp/>) latest by 5:00 pm on 29<sup>th</sup> August, 2019.

Your cooperation is solicited in making this movement successful.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To,  
The Vice Chancellors of all the Universities.

Janata Shikshan Sanstha's  
**Kisan Veer Mahavidyalaya, Wai**

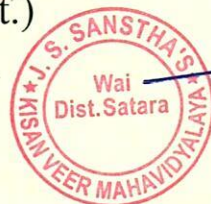
“Fit India Movement” Programme

29<sup>th</sup> August 2019

Report

In response to the Circular issued by the UGC, New Delhi (vide letter No. F.1-54/2019(Website/Fitindia/Dt. 23 Aug. 2019) and Shivaji University, Kolhapur (vide letter No. Affiliation T-1/376 Dt. 26 Aug. 2019, Janata Shikshan Sanstha's Kisan Veer Mahavidyalaya, Wai organized “Fit India Movement” programme on 29<sup>th</sup> August 2019 at 10.00 am. All the students, teachers & Staff were encouraged to assemble in front of the college for this programme.

Principal Dr. C.G. Yeole inaugurated the programme and communicated the importance of fitness and wellness in life to achieve physical fitness, mental strength and emotional equanimity among the staff and the students of the college, Lt. Sameer Pawar, Physical Director, administered the Fitness Pledge. After this programme, all the teachers, the members of the non-teaching staff, students (Boys and Girls) joined the activity of walking 10,000 steps on the college playground. (The photographs of the entire programme have been enclosed with this report.)



  
PRINCIPAL



Kisan Veer Mahavidyalaya WAI <wai161.cl@unishivaji.ac.in>



## Fit India 2019-20 Report

Kisan Veer Mahavidyalaya WAI <wai161.cl@unishivaji.ac.in>

29 August 2019 at 18:14

To: "Affiliation Section T2 Shivaji University, Kolhapur" <affiliation.t2@unishivaji.ac.in>

see the attached file

do the needful  
Thanking you

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प्राचार्य/ Principal

किसन वीर महाविद्यालय वाई / Kisan Veer Mahavidyalaya, Wai

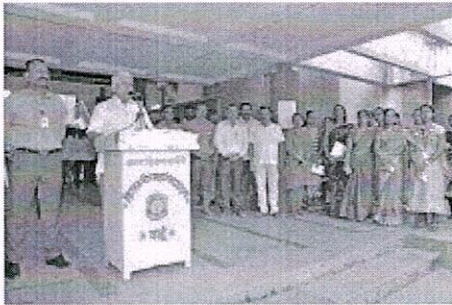
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### 6 attachments



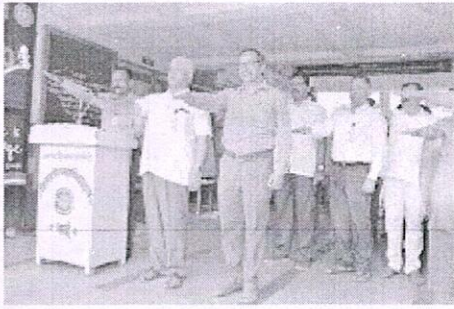
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